

Vol.18, No. 02

About Kohala, For Kohala

February 22, 2019

Super Blood Wolf Moon Captured



The January 20, 2019 “super blood wolf moon” was visible from North Kohala. The event happens when the moon is slightly closer to Earth than normal, making it look bigger and brighter than usual, creating a “super moon,” and passes into the Earth’s shadow in a full eclipse, causing the “blood” red color. The January moon is also sometimes known as the “wolf” moon, hence the name “super blood wolf moon.”

Story and photo by Glenn Morello

As photographers, we like to think that we can plan our photos to the nth degree – scouting locations, going over every detail, and planning the composition for maximum visual artistry. And while Mother Nature provides us with all the ingredients we stuff into our images, she sometimes plays cruel tricks on us, spoiling the plans we have perfectly envisioned in our heads.

The super blood wolf moon eclipse event on January 20 was no different. Needing an easterly facing view here in North Kohala to watch the full eclipse, I set out to Upolu Airport around 6:15 p.m. Greeted by a few other photographers in the parking lot, we watched as the moon, swollen in its appearance, started to be covered by Earth’s shadow. With the sun’s light slowly fading, the moon began to grow a bit brighter and clearer. Unfortunately, it also began to creep behind a dense, expansive cloud, spoiling our view of what would become

the red-tinted moon we were all expecting to see. Doing a quick calculation, we estimated that it would take at least an hour for the moon to rise above the clouds. So, with zero visibility, we decided to head home, happy enough having watched the beginning of the eclipse.

Turning up Kynnersley Road, we noticed that the sky was clear, and as we gained elevation a feeling of excitement circulated through the car as a large red moon ascended above the trees and stared at us from 238,900 miles away. All that careful planning, looking at maps, and using fancy photography apps to find a viewing spot eventually did lead us to the perfect location: our front yard!

On this calm, clear night, we sat in our front yard watching the moon turn a beautiful red-orange for about an hour, then slowly turn back to the glowing white full moon we all take for granted. We talked about the physics of the moon’s orbit, what early man must

See Moon, Page 2

“Semi-Slug,” Vector for Rat Lungworm Disease, Confirmed in North Kohala District

By Franny Brewer

Staff from the University of Hawaii-Hilo (UHH) Daniel K. Inouye College of Pharmacy (DKICP) confirmed a collection of *Parmarion martensi*, an invasive slug, from the Kohala district of the Big Island. Inquiries of local residents further revealed multiple sightings in the area, indicating that this invasive pest has established in the Kohala district of the Big Island.

Commonly called the “semi-slug” for the partially formed shell

can contract the disease after accidentally consuming the parasite from a slug or snail. Cases range from severe discomfort and illness to permanent disability or even death, depending on the number of microscopic parasites consumed. Although all snails and slugs can carry the infective form of the parasite, semi-slugs are known to be carriers of a much heavier load of parasites.

The presence of the slug was confirmed through the efforts of



Photo courtesy of Big Island Invasive Species Committee

A semi-slug that was captured in Kohala by students shows the characteristic partially formed shell on its back. The slug has been associated with increased incidences of *angiostrongylus* (rat lungworm disease).

on its back, the semi-slug has been associated with increased incidences of *angiostrongyliasis* (rat lungworm disease). The parasite, *Angiostrongylus cantonensis*, infects rats and snails or slugs at different times during its life cycle. Humans

students at Kohala Middle School, who are participating in a citizen science effort led by teacher Cristy Athan. Athan enrolled in a professional development class offered by UHH-DKICP and the Big Island

See Slug, Page 2

Kū Like Kākou (Stand Together in Unity)

Strengthening Kohala Community through Social Emotional Health
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For more information, contact Ms. Lei Moore, Kohala Elementary School, at 808-889-7100.

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Slug continued from Page 1



Photo courtesy of Hawaii Department of Health

Juvenile *Parmarion martensi* on a nickel shows size. The snails can sometimes be found on raw produce and even in the garden hose.

Invasive Species Committee (BIISC) to learn more about rat lungworm and invasive rats and slugs. Teachers are taught safe handling protocols for the collection and disposal of snails and slugs and are guided to develop an Integrated Pest Management Strategy to reduce slug and snail populations in school gardens. The students embraced the project and have enthusiastically committed to their roles as ambassadors for rat lungworm prevention. "They're so into it," says Athan. "Every single day, they're telling me a new slug or snail story!"

Funded by the Hawaii Community Foundation's Career Connected Learning Science, Technology, Engineering and Math (STEM) grant, the teacher professional development class offers standards-aligned lessons for teachers to use in their classrooms to increase awareness and safety in their school and at home, and to contribute to ongoing scientific efforts to develop a better understanding of slug and snail behavior. Kay Howe, DKICP education coordinator at UHH, was inspired to create the curriculum after her son contracted a serious case of the disease in 2008. Although she had worked at a school garden in Waimea the year before, she had never heard of rat lungworm disease. Over the years of supporting residents and visitors who contracted rat lungworm, Howe often heard a similar senti-



Photo courtesy of Big Island Invasive Species Committee

Kay Howe instructs teachers on slug identification during a professional development session for teachers held at Waimea Middle School in Nov 2018. Humans can contract rat lungworm disease after accidentally consuming the *Angiostrongylus cantonensis* parasite carried by a slug or snail.

ment: before diagnosis, many of them had never heard of it. "I was concerned because my mind kept coming back to that school garden. As school gardens were being put in at schools across the island, I was so excited for the opportunity for the students to learn about agriculture and growing their own nutritious food, but I also worried - what are they doing about rat lungworm? Do they even understand the risk?"

Residents of Kohala are asked to be vigilant for this slug and to be extremely careful with washing garden vegetables. Slugs or snails should never be collected with bare hands; gloves or chopsticks can be used to dispose of slugs in heavily salted water. Slug baits can reduce populations around gardens and yards. Resources on rat lungworm and the teacher training can be found on the Big Island Invasive Species Committee website at www.biisc.org. For more information contact BIISC Communications Director Franny Brewer at fbrewer@hawaii.edu or 933-3340 (office), 987-0620 (mobile).

Moon continued from Page 1

have thought about events like this with no scientific explanations yet developed and laughed about how many people were probably howling at this "wolf moon." Dinner was served on the front lawn as Earth's shadow slowly drifted off of the lunar surface. All the while, I had my camera snapping photos every 60 seconds, which allowed for the construction of this photo of the moon exiting its eclipse. For photography nerds, I used a Nikon

D850, 1/50, f/3.2, at a focal length of 195 mm and stacked 10 images in Adobe Photoshop.

Hopefully you got to enjoy the eclipse from a nice viewing spot, and while February's super moon will not have an eclipse event, it will be at its closest point to the earth for the year. I encourage you to go outside to view it and teach your kids about the earth-moon relationship.

Glenn Morello is a local photographer focusing on landscapes, events, animals and people.

Honoring Kamehameha and Ku Kia'i 'Āina (Caretakers of the land) in 2019

Organization of North Kohala's 2019 Kamehameha Day Celebration held on June 11 each year began before 2018 ended, as working on this day of activity from sunrise to late afternoon is a labor of love with many tasks to complete.

Leading the volunteer committee currently responsible for this annual celebration honoring Kohala's number one son is community member Kau'i Nakamura. This local kumu hula heads a group of like-minded, hard-working volunteers dedicated to Hawaiian culture and the Kohala community.

This year's theme is centered on the 'Āina (land), and those who care for her. Kamehameha had a strong connection to this land, as he was born in this district and raised in Kohala during his early years.

Protocols held each year at the Kamehameha Statue in Kapa'au begin at sunrise. Lei will be received

from 7:00 a.m., with the lei draping ceremony starting at 8:00 a.m. Anyone can contribute floral or natural lei, with a maximum length of 20 feet. A small tent will be located near the statue to receive lei.

Akoni Pule Highway will be closed at 9:00 a.m. when the traditional pa'u parade begins in Hawi. Island units and floats will travel down Akoni Pule Highway to Kapa'au, pay respect at the Statue, and end at Kamehameha Park where the Ho'olaule'a (celebration) will occur from 11:00 a.m. until 4:00 p.m. Food, music, crafts, educational and cultural displays, and hands-on activities will be offered.

"We're always looking for volunteers to help with all areas of the event," shared 'Ekela Kahuanui, one of the Kamehameha Day Committee members. If interested, please contact her at programs@kohalavillagehub.com.



Photo by Randee Golden

Statue of King Kamehameha in Kapa'au, adorned with lei and decorated with floral arrangements on Kamehameha Day.



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New Location for Second Kohala Little Free Pantry

Story and photos by Lisa Andrews

Little Free Pantry (LFP) organizers have an important news update. The second LFP, formerly next to the nursery lot, has a new home at the Kohala Car Tow in Hawi on Akoni Pule highway. A shout out to the Cortans and the Aloha they shared by having the second little free pantry in front of their home!

Susan Cortan enthusiastically shares, "Keoki and I want to say THANK YOU to all who have donated and made our pantry so successful. We enjoyed serving our community. We will miss doing it and meeting new people. It was used by ALL. MAHALO PLENTY again to all who have supported our pantry, including the tourists who donated their leftover groceries and their monetary gifts.

We know it was well-visited by many. THANK YOU KOHALA! We are the BEST COMMUNITY. Much Aloha, Keoki 'n Susan"

The first Kapa'au LFP is still in front of Hello Again thrift store, which is next to Life and Death Wellness and across the street from the Kamehameha Park entrance. The hours for both are 24 hours a day, seven days a week. The motto is, "Take what you need and leave what you can."

The LFP is not to replace the Food Basket program at Sacred Heart Church, but as a supplement for those community members that may need a hand. There are also sometimes toiletries, baby clothes, blankets, etc. The LFP is a wonderful way to take care of your community. Malama Pono.



Community members and tourists helped move the second Little Free Pantry into place in Hawi, next to the whale wall at Kohala Car Tow.

Hawaii Writers Guild Elects New Officers and Reports Accomplishments



Photo by Steven Foster

The Hawaii Writers Guild 2019 Board of Directors
Left to right: Joy Fisher, Bruce Stern, Bob Lupo, Diane Revell, Duncan Dempster and Diann Wilson

Missing: Eila Algood, Bryan Furer and Cece Johansen

Members of the Hawaii Writers Guild (HWG) came together in January at Anna Ranch in Waimea for their second annual dinner and election of officers. Both members and guests gathered to hear about the accomplishments of the Guild during the previous year, honor members who had published books in 2018 and elect officers for 2019. Vice President Bruce Stern reported on Guild accomplishments for 2018. The Guild continued its tradition of author readings, free and open-to-the-public, in North Kohala, Volcano and in Waimea. In addition, the organization sponsored its first writing and publishing workshops. HWG had tables at three events where members could sell their books and staffed a table at the Kauai Writers Conference. In addition, the Guild has begun the

process to become a 501(c)(3) charitable organization.

Five members who had published books during 2018 read from their publications. There were others who had published as well, but they were unable to attend. The evening concluded with the election of a new slate of officers to lead the Guild during 2019. The officers for 2019 are Diann Wilson, President; Bruce Stern, Vice President; Diane Revell, Secretary; and Bob Lupo, Treasurer.

The Hawaii Writers Guild is an independent association of writers engaged in the promotion of literacy, cultural enrichment, entertainment and dispersal of information through the use of the written and spoken word. Additional information can be found at www.hawaiiwritersguild.com.

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Country Kids Ku'i in the City



Photos by Joni Ogino

Students ku'i kalo (pound taro) on papaku'i'ai (poi-pounding boards) using pōhaku (stones) on the ground level of the Capitol on the first day of January 2019 legislative sessions. The event was sponsored by Hui Aloha 'Āina Momona, whose mission is to assist 'ohana in reinstating the 'umeke kūmau, or family poi bowl, at their dinner table and making hāloa (taro) their primary staple.

By Aoloa Patao

"Eh, we should go Ku'i at the Capitol," said the founder and director of Hawai'i Institute of Pacific Agriculture (HIP Ag), Dash Kuhr.

He was referring to Hui Aloha 'Āina Momona's "Ku'i at the Capitol" event at the Hawai'i State Capitol in Honolulu on January 16, 2019. The gathering coincides with the opening day of the state legislative season and is a day prior to the 126th anniversary of when Queen Lili'uokalani was overthrown from her Hawaiian Kingdom throne.

This was a no-brainer for Hualalai Keohulua and me. We were down, no questions asked.

"We should take some students, too!" Kuhr added.

And just like that - with the support of HIP Ag and the HMSA Foundation - Kuhr, Keohulua, five students from the Natural Resources program at Kohala High School and I boarded Hawaiian Airlines and jet-streamed to Honolulu.

There were hundreds of students ku'i kalo (pounding taro) on papaku'i'ai (poi-pounding

boards) using pōhaku (stones) on the ground level of the Capitol with politicians in suits exchanging pleasantries with each other, lobbyists, special interest groups and constituents above.

"So much new things to see, hear, and learn," said Kohala High School Natural Resources student, Ryan Juan Kealoha, of the experience. "I liked being able to hear and see what was going on with our culture and economy."

At first, the scene was pretty hectic: helpers sprinting around to put kalo on all of the papaku'i'ai, students running back and forth from the cleaning station, and interested bystanders trying to get a glimpse of various speakers and hear 'oli (chants). There was even a man-made imu (traditional underground oven) that was created in a giant roll-off container to cook a few thousand pounds of kalo—traditional innovation at its finest. Our Kohala students were the first batters up to ku'i kalo. Initially, they were a little nervous, but got more comfortable with each stroke of their pohaku.

When they were finished, other students jumped on the papaku'i'ai to have their turn, as we elected to walk around the outside of 'Iolani Palace. After lunch, we left the ground floor to see what the big boys—and girls—were up to. We met with State House Representative in District 7, David Tarnas,

State Senator in District 4, Lorraine Inouye, and Lt. Governor of Hawai'i, Josh Green. Having the opportunity to meet with these three politicians was important, as their decisions directly impact us here in Kohala.

"I got to meet some important people, like the leaders," said Daylan Tayan-Germano, another Natural Resources student. "I had a chance to say what was on my mind." Cael Hooton, who is also a Natural Resources student, added, "We met some [politicians] that were talking to us about the farm-to-school program and agriculture." We were a little short on time to get back to the airport, so we quickly hit a farmers' market at the Blaisdell Center and luckily scored Pig and the Lady—a contemporary Vietnamese fusion restaurant. So 'ono!

Mahalo nui for the support of HIP Ag and HMSA Foundation for sponsoring us in this incredible experience!



After traveling to Honolulu for the "Ku'i at the Capitol" event, the group from Kohala visits Iolani Palace, adjacent to the Hawai'i State Capitol building.




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Letters

Mahalo for Support of Kohala Hospital Auxiliary Fundraiser

We would like to take this opportunity to thank the community for their generosity in participating in the annual Kohala Hospital Auxiliary Krispy Creme Doughnut fundraiser. The auxiliary was started in 1987 and provides financial support to the hospital. Services supported include the resident

activity fund, such as tickets for residents to attend Kahilu theatre performances; provision of a daily newspaper; Wi-Fi services; and purchase of needed items, in conjunction with the hospital activity department and administration. The Auxiliary also has scholarships available for students entering the medical field.

Meetings are held monthly in the hospital conference room on the third Thursday of the month at 1:30 p.m. New members are welcome and anyone interested in the Auxiliary should contact

Ida Otake at 889-0686 or Dixie Adams at 889-5730. Mahalo,
The Kohala Hospital Auxiliary

Letters from Kohala Middle School Students

Mr. Duncan Anderson teaches seventh grade at Kohala Middle School. Every year he asks his students to choose a problem on Hawai'i Island they would like to help solve. Students spend the earlier part of the school year researching and doing projects related to their chosen topic. Toward the end of the year, the students are charged with bringing their message out to the community in whatever way they see fit. Part of that goal can be accomplished by writing a Letter the Editor for publication in the Kohala Mountain News. The following are some of those letters. Additional letters from other students will be published in upcoming issues.

Child Abuse

Aloha,

My name is Kaneesha Santiago, and I am 12 years old. I will be doing my project on child abuse.

I want to stop child abuse because kids should not be beaten and they don't deserve to be abused. If someone sees or hears a child getting abused, they need to call for help. Then the person who is beating the kids should go to prison.

Child abuse is horrible. Whoever abuses children has no soul and must be sick in their mind to do that to their kid(s) or anyone's else kid(s). I want to try to keep out town and world child-abuse-free. We have a lot of children that go through this. I want to see that no kid should go through this because it hurts to me to see them beaten.

Thank you for your time,
Kaneesha

Hurricane Preparedness

Dear Kohala Community,

My name is Ashley Millet and I attend Kohala Middle School. I'm currently in the seventh grade. As you all know, this past year we have had several hurricanes. Those hurricanes are hurricane Lane, Olivia and Hector. Hurricane Lane hit Category 5 and brought heavy rain and winds. My topic is on hurricane readiness/preparedness and what to do during a hurricane.

First of all, if you are in an area that is dangerous, get to safety right away! What you need to prepare for a hurricane is extra batteries; five gallons of water for each person per day; three to five days of non-perishable foods; baby food, diapers and other baby supplies (if you have a baby); personal hygiene products (for example, shampoo, hand sanitizer, etc.); flashlights; a battery-powered or hand-cranked radio; special medical needs; an emergency kit; and a first-aid kit.

Those are all the things you need for a hurricane but, just in case, you should tape or barricade your windows if you feel your windows will break.

I want Kohala to be ready for the next hurricane so that we don't have to worry about people being stupid and not knowing what to do.

Mahalo for reading!
Ashley Millet

Ocean Pollution

Dear People of Kohala,

Aloha! My name is Promise Arraujo-Medeiros. I am 12 years old and a seventh grader at Kohala Middle School. My family and I love to go to the beach and are very concerned about the pollution in our oceans. It is getting worse as every second that passes by.

Because of all the debris that's in the ocean, pretty much everything that is living there is dying. The animals in the ocean perish from getting stuck in plastic or eating it. The albatross is a good example of a species that is suffering because of pollution. While that's happening, many coral reefs unfortunately die because of chemicals like oxybenzone, which is found in some sunscreen. If we were to keep this up, then there won't be beautiful oceans for generations to come.

We can't even go to the beach because of the trash that has contaminated our water. It contains harmful diseases like leptospirosis, cholera and others that can make us very sick or even kill us if we swim in there. The murky waters are also great homes for sharks and other dangerous animals that can kill innocent toddlers if they go too close. It is just too dangerous for families to go to anymore.

The pollution is too much for anyone to handle but we can try to make a difference to at least stop it from growing. Using recyclable bags and cups is a good start. You can also pick up litter on the beaches and support organizations that are doing their best to save the oceans, like Ocean Conservancy and World Wildlife Fund. With your help, we can save the oceans before it's too late.

Thank you for your time,
Promise Arraujo-Medeiros

Animal Abuse

Dear Editor,

My name is Shalei Nicolas and I am a seventh grader at Kohala Middle School. I am writing about animal abuse.

I really think it's a serious problem here in Kohala and it should stop. If you ever see animals getting abused, you should report it right away.

Personally, I have never seen animals getting hurt in real life, but I have seen videos and pictures on social media. This topic is important because animals are a huge part of our lives. They also protect us in life by making us feel better, as if they were like our best friend, and you wouldn't want to kill your best friend, right? So, don't you think it's wrong to abuse animals?

Animal abuse has been going on for quite a long time now, and you might not see it but everyday there's always a new case reported about them getting hurt. Most of them don't even get reported.

Overall, we should do something about this problem because in the future we might not have some animal species left. We should all treat them kindly and make sure to call 911 if you see any type of animals getting abused/hurt.

Thank you so much for your time! And remember, don't abuse animals!
Sincerely,
Shalei Nicolas

Bullying

Dear Kohala,

Hi, I'm Joden Fernandez and I attend Kohala Middle School. Here in Kohala, mostly everyone is really close. Some have known each other since the plantations.

Kids and adults all get bullied. You never know until it's too late. Yes!!! People they do think of hurting themselves or, the worst, taking their own lives.

Parent or not, if you know someone, help out. Ask them straight up, "Do you think of harming yourself?" or "What's happening?" Reach out before it's too late; love one another.

Thank you for your time!!!
Sincerely, Joden Fernandez

Future KMN Deadlines

It's important for the Kohala Mountain News to receive ads and news submissions by the following deadlines. Otherwise, submissions may not be accommodated.

March Deadlines

Ads and News: 3/8/19

Distribution: 3/22/19

April Deadlines

Ads and News: 4/12/19

Distribution: 4/26/19

Our purpose is to enhance and strengthen the community by fostering continuous communication and understanding among the various cultures, residents and constituents.

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Current Circulation 4,200

Letters to the Editor and Viewpoint articles must address issues affecting North Kohala and be accompanied by the author's name, address and telephone number. Letters and Viewpoints are subject to editing, and shorter submissions will receive preference for publication.

For a twelve month subscription, please send your check for \$36, made out to the Kohala Mountain News, P.O. Box 639, Kapa'au HI 96755. Be sure to include a note stating the name and mailing address of the recipient.

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Kohala Mountain News
P.O. Box 639, Kapa'au, Hawai'i
96755

Hawai'i State House of Representatives Update

From the Desk of District 7 Representative David Tarnas



Photo courtesy of David Tarnas
Representative David Tarnas speaks for North Kohala as a member of the Hawai'i State House of Representatives.

Aloha! The legislature has begun its 2019 session to consider bills addressing many important issues. I am grateful for the opportunity to represent North Kohala in the State House and welcome your advice and counsel on pending bills as well as any issues concerning state government. Your House District 7 office is ready and eager to assist you.

YOUR HOUSE DISTRICT SEVEN TEAM

My office manager is Kristin Moala, who is an experienced legislative aide and policy analyst. She is an avid photographer, loves knitting, and is a competitive trap shooter.

My two legislative aides bring a great set of skills to our staff. Quincy Bedoya grew up on Maui and just graduated from University of Hawaii law school. An experienced legislative staff member, he will also serve as our in-house legal analyst. Quincy enjoys outdoor adventures and is always looking for new, exciting hikes.

Zoe Sims grew up in our district, and after finishing high school went on to earn an undergraduate degree in Ecology and Environmental Studies. She will analyze bills and budgets and help with constituent services. Zoe is an avid trail runner and free-diver.

COMMITTEE ASSIGN-

MENTS

This session, I serve on three committees: the Education Committee, which is responsible for all public schools, including the university and community colleges; the Energy and Environmental Protection Committee, which covers energy policy, climate change issues, and many environmental issues; and the Water, Land and Hawaiian Affairs Committee, which is responsible for all matters related to water quality, coastal erosion, land use and the whole range of important issues facing our native Hawaiian community.

2019 LEGISLATIVE SESSION

The session began on January 16 and ends May 2. Several thousand bills have been introduced, and by the end of the session only a few hundred will be approved. The legislature will also review and amend the state budget.

Legislative bills address a wide range of issues, and I have introduced bills on a variety of topics, including,

Environmental Bills

HB 298 authorizes government agencies to produce and transmit renewable energy across the utility grid to other government facilities

HB 1460 authorizes the use of the boating special fund for the statewide day-use mooring buoy program

HB 1152 supports a statewide consultation process with fishermen and other stakeholders to develop a plan for achieving effective management of at least 30% of our nearshore marine resources by 2030

HB 1082 provides support to DLNR to identify and secure rights of access across private lands to public lands for hiking purposes

HB 1083 appropriates funds to address the spread of Rapid Ohia Death

HB 297 directs the State to review the use of sterile mosquitoes as a vector control tool

Social Issue Bills:

HB 295 amends the definition of domestic abuse to include emotional abuse between family or household members

HB 767 authorizes a family court judge to enforce temporary restraining orders

HB 1458 appropriates funds to the state rent subsidy program, which is used by renters who are short on funds to pay their monthly rent, so they don't become homeless

HB 296 addresses the constitutional concerns of the Supreme Court decision that overturned grandparents' visitation rights

Government Efficiency Bills:

HB 766 authorizes the use of email to serve notice in non-criminal and administrative proceedings

HB 1153 allows remote testimony to the legislature by phone or video

Capital Improvement Projects:

HB 1461 requests funding for numerous CIP projects at North Kohala schools as well as planning and design for a parking lot and traffic safety improvements at the Pololu Trail lookout

HOW TO TRACK LEGISLATION AND GIVE TESTIMONY:

The House web system, www.capitol.hawaii.gov, provides tools to help you track legislation and submit testimony online. Set up an account at www.capitol.hawaii.gov/login/register.aspx with your email address and a password. You can then sign up to receive email updates about any bills or committees that you are interested in, and submit testimony online about any bill or measure that is under consideration by the legislature.

The Legislature's Public Access Room helps the public engage with the legislative process, including using the legislature's website and accessing bills and reports. They can be reached at (808) 587-0478.

MAHALO

Your House District Seven office is ready to assist you any time. Please contact us at 808-586-8510 (or toll free: 974-4000, extension 68510) and at reptarnas@capitol.hawaii.gov.

Holistic Health Connected to Renewable Energy

What: Holistic Health and Hawaii's Renewable Energy Future
Who: Richard Esterle, Ph.D
When: Monday, March 18, from 6:00 to 7:00 p.m.
Where: North Kohala Public Library, 808-889-6655

Collective efficacy (group power to produce an effect), time urgency (for action), and health literacy (understanding health issues) have been a focus of research since the 1970s. Researchers have demonstrated that these factors influence health and decision-making. However, researchers have yet to establish how these factors may be connected to the achievement of policy aims that impact holistic or environmental health. Richard Esterle has been a resident of North Hawai'i for nearly 30 years. In the Fall of 2018, he successfully completed his dissertation, "Holistic Health and Hawaii's Renewable Energy Future," based on his survey research study in North Kohala.

Esterle's study utilized several health models and theories, including health education and promotion theory. The purpose of the quantitative study was to determine if the factors above and/or certain demographic factors were associated with the perception of the likelihood of reaching 100% renewable energy in North Hawaii County (Hawaii Island) by the year 2045 (a statewide legislative mandate), referred to as REHI45. Results from Dr. Esterle's survey research revealed that collective efficacy, perceived time urgency and perceived health literacy were significantly associated with the perceived likelihood of reaching 100% renewable energy on Hawaii Island by the year 2045. The findings, from a sample of 136 residents, may inform the design of intervention programs and/or preventative measures to promote overall long-term health and positive social change.

Dr. Esterle's specialization is in health psychology, which is an interdisciplinary field concerned with the application of psychological knowledge and techniques to health, illness and health care. Results of his dissertation research study will be discussed. Please join in the conversation.



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County Council Update

From the Desk of District 9 Councilmember Tim Richards



Photo courtesy of Tim Richards
Councilmember Tim Richards represents North Kohala as part of Hawai'i County Council District 9.

Department of \$10 billion per year, the already approved GET 0.25 percent will generate \$25 million per year. The proposal is to double that and remove the sunset clause currently in place for 2020.

Though I agree that the County needs to diversify our revenue sources, increasing a tax just because we can does not sit well with me.

We have been given no projection of expenditures. In my short time in office, our budget has gone from \$461 million to \$518 million per year; approximately 13 percent increase in two years. Once again, I will be pressing for an ad hoc committee or omnibus type of legislation where we look at revenues in context with expenses.

AGRICULTURE, WATER, ENERGY, AND ENVIRONMENTAL MANAGEMENT (AWEEM) COMMITTEE 2018-2020

My committee assignments for this Council term is Chair of AWEEM and Vice Chair of the Committee on Finance. When Governor Ige took office in 2014, he set a goal of doubling food production in our state by 2020. Was that overly optimistic? Yes, but it set an excellent direction of expectation. Currently we import about 90 percent of our food. We can do better. It is my belief that when we talk about agriculture/food production or

renewable energy, we are talking about county or state resiliency.

I also believe that part of our government obligation to the people is to help projects get started and then have an exit strategy, so the project stands on its own. Agriculture and energy production are potential examples of this. From time to time I plan on sharing some initiatives that show a bright promise and future for our county through these industries. One such example of this is the relatively new Hawai'i 'Ulu (breadfruit) Producers Cooperative.

Founded in South Kona with seven members initially, today it boasts over 70 members with its last year's production of processing over 150,000 pounds of 'ulu! Building agriculture and building economy while developing a culturally important food source is exactly what we are hoping for in agriculture. Cooperatives like these hold every promise for success. For more information on the Hawai'i 'Ulu Producers Cooperative go to www.eatbreadfruit.com.

SEWER FEES

Recently the Department of Environmental Management came before the Council with a request to substantially increase the sewer fees. It has been 17 years since they have had any increase. Putting that in context for the same buying

power, \$1.00 in the year 2000 equates to approximately \$1.45 today. Approximately 18 percent of our Big Island population is on sewers. Our sewer systems are antiquated and in dire need of updating. Waste management is the responsibility of the entire county population. Sewer facilities are for the protection of our environment especially in our coastal waters. It is a benefit to all the people of our county, not just those on sewer systems. We have a mandate that by 2050 all cesspools will be closed. More of our community will be on sewer systems by then as it is the best solution for generations to come.

This is where the dilemma arises. As our Council Chairman has repeatedly stated, it is about fairness. Environmental management needs more funding; that is agreed. The question is how?

The simple answer is increased sewer fees. But if the need and benefit is for the county, should not the county as a whole support our sewers and a portion of the funding come from the County's General Fund/other tax revenues? This is the basis of the conversation that Council Chair Chung, Councilwoman Leeloy, and I were exploring. Stay tuned.

As always, it continues to be a great privilege to serve as your Councilman.

Aloha! Once again, it is time for the monthly update from our office.

GENERAL EXCISE TAX (GET)

Last week this administration brought before us a proposal to increase the GET. As you recall, last year in the face of the unbalanced budget due to the problems with the lava inundation, Council approved a one-quarter percent GET surcharge increase. GET revenue is based upon our GDP (gross domestic product) for our county. Using the number from our Finance

Hawaiian History Series: Prince Jonah Kūhi'ō

What: Prince Jonah Kūhi'ō, Whom We Celebrate on the 26th of March
Who: Boyd D. Bond
When: Monday, March 11, at 6:30 p.m.
Where: North Kohala Public Library, 54-3645 Akoni Pule Highway, 808-889-6655

Join us at the North Kohala Public Library on March 11 at 6:30 p.m. for the second installment of a three-part series on Hawaiian history.

Boyd Bond will talk about Prince Jonah Kūhi'ō.

Jonah Kūhi'ō Kalaniana'ole, a nephew of Queen Kapi'olani from Kauai, was one of the three designated heirs of both King David Kalākaua and Queen Lili'uokalani who never had the chance to rule following the overthrow of the Hawaiian Kingdom.

After a self-imposed exile, the Prince returned to be elected to the U.S. Congress as Hawai'i's Territorial Representative and was beloved by his people throughout his life.

Join us to hear the tale of this amazing modern Ali'i.

Local Authors to Read Works and Answer Questions

What: Author Readings
Who: Hawaii Writers Guild
When: Monday, March 25, at 6:00 p.m.
Where: North Kohala Public Library, 808-889-6655

The Hawaii Writers Guild is proud to present talented local writers reading their works and answering questions from the audience at the North Kohala Public Library on March 25. The doors will open at 6 p.m. Attendees are urged to arrive early.

Lions Club Combines Giving in 2019

The Kohala Lions Club has decided that this year they will combine their annual giving to offer only one round of donations to community groups. In the past, they have received applications for financial assistance in January and July; however, this year applications will be available in the late spring with a deadline of July 31, 2019.

If you have any questions or would like more information, please contact Chris Brown at 884-5122. Mahalo.



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Kohala Real Estate Market Steady in 2018

By Beth Thoma Robinson R(B)

2018 was another year of high activity and price increases in the Kohala real estate market. There were 45 homes sold in 2018 in Kohala (these statistics include Puakea Bay Ranch but excluding the North Kohala gated communities near Kawaihae). The number was down slightly from the 50 homes sold in 2017.

The median price rose from \$385,000 in 2017 to \$490,000 in 2018, mainly reflecting a change in the mix of home types sold, with more buyers at the higher end. Pricing was stable to slightly up, especially at the lower end. There continued to be opportunities for first-time homebuyers, but fewer listings in the under \$300,000 range.

Most Home Sales Still in Under \$600,000 Range

More than half the 2018 home sales in Kohala were under \$600,000 – 27 out of 45 sales. Only seven sales were under \$300,000, compared with 11 in 2017.

As 2019 begins, there are eight listings in escrow, and 12 active listings in the below \$600,000. Affordable homes moved quickly in 2018, selling in a median of 21 days on

market.

There are only three active listings below \$300,000. A typical Kohala home for sale in this price point would be a plantation-era house of less than 1,000 square feet, with price level reflecting the degree of renovation that has been done. Prices on these homes have crept up over the past few years but bank-owned listings still sometimes sell for around \$200,000.

Homes that sell in the \$400,000-\$600,000 price range in neighborhoods from Hawi to Halaula are usually newer, larger, and may have larger lots or even small acreage (but no or little ocean view). The new homes for sale in Hanaula Village (Hinahina Place) are in this range.

Upper End Sales in Kohala: Homes on Acreage

Last year, nine homes in Kohala sold for over \$1 million, all larger homes on acreage. The highest sale was \$3.2 million for an equestrian estate on forty acres at Puakea Bay Ranch. There are currently a dozen million-dollar listings, with the highest priced being a home on 105 oceanfront acres listed for \$5.8 million.

Land Sales in 2018

2018 was a big year for vacant land in Kohala, with 26 sales from Puakea to Makapala compared with 19 in 2017. Most land sales are in the \$500,000 – \$600,000 range for around 20 acres, reflecting the typical zoning of Ag-20a, meaning minimum 20-acre lot.

The lowest-priced vacant lot sold was \$175,000 for a half-acre lot in the town of Kapa'au. The highest-priced sale was not a regular market sale but a preservation purchase at Hapu'u by the County of Hawai'i PONC fund to protect Hale o Ka'ili heiau, resulting in an oceanfront parcel purchase price of \$2,500,000.

The next-highest-priced land sale was \$1,500,000 for 88 acres up Hall Road, the largest sale of 2018 in terms of acreage.

Another notable sale was the 17.55 acres on the oceanfront at Coast Guard Road that was sold by Parker Ranch for \$905,000. Technically recorded as a land sale, it actually has the old buildings that require remediation for asbestos and lead-based paint.

Size does not always matter. Because most buyers will not do

much agricultural work on the land, a parcel of 5 to 6 acres sells for almost as much as a 20-acre parcel. Three sales of that size were recorded at prices from \$420,000 to \$575,000.

Land buyers seem to be getting more comfortable with Kohala parcels that do not have County water available. The remaining two lots in the Hawi Nani subdivision with the private well makai of Hawi town are sold, as are four parcels of the newly subdivided 20-acre lots at the top of Pu'u Hue Road, which will be on catchment.

There are 40 active land listings, ranging from 10,000 square foot lots in Hanaula Village for \$198,000, to the 498-acre oceanfront ranchland listing of 11 parcels for \$18.5 million.

Four of the current listings are the remaining parcels of the Kula Iwi o Kamehameha oceanfront from Halelua to Kapanai, which has County Council approval for public purchase. Two additional, active listings on the leeward coast have also been ranked on the PONC list. This is good news for the continuing efforts to protect the Kohala coastline from further development.

Sights, Sounds and Smells of Old Kohala

By Elaine Vinta Murota

My friend, Charlie, just returned to Honolulu after a visit to Kohala. "Tell me about Kohala," I asked. I have not been back home since 1991, long after the closing of the sugar plantation.

Our family once lived across the sugar mill in the village of Halaula. My father and brothers earned their livelihood working in the mill.

Years have passed, and the mill is gone. Still, on a warm, humid night, I smell the distinctive odor of bagasse permeating the air from the mill boilers.

I still hear the mournful wail of the mill whistle as a new workday begins.

I gaze out from afar at the waves of sugar cane in a sea of endless green fields. In my mind's eye, I'm

a child walking home from Halaula school.

It is cane burning and harvest time. The sky is gray, and there are tendrils of ash floating in the air.

I wake on Christmas morn to the aroma of Mama's sweet bread baking in the oven and the fresh scent of evergreen in our parlor. I listen to the sound of morcela (Portuguese blood sausage) sizzling in

our cast-iron skillet while a pot of rice simmers on the back burner. How I yearn for the days when one of life's simple pleasures is family gathering around the kitchen table where there is warmth and laughter.

No, Charlie, don't tell me about Kohala. Let me savor the sweet memories of the Kohala of old that are forever etched in my mind.

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Highways Division Promises Road Fixes

By Toni Withington

The head of State Highways Division for the island got an earful of suggestions for improving the main roads at a meeting of about forty residents on January 31. What the audience heard in return was a list of promises to fix some problems and to “look into” others. The meeting was sponsored by the Parks, Water, Roads (PWR) Group.

Don Smith, Chief Engineer for the Department of Transportation’s (DOT) Highways Division, and his deputy Harry Takiue, spoke clearly about what his crews could and could not do, faced with severe budget tightening, created by the volcano eruption in Puna. Still, his list of solid commitments was long.

Safety in Hawi Town – After many people complained about pedestrian safety, Smith committed to repainting the crosswalks and installing a “gateway” sign on the crosswalk between Bamboo and the Coffee Mill. This is a free-standing flexible sign, waist high in the centerline of the crosswalk, warning both drivers and pedestrians about the crosswalk. He approved a system of pedestrian, hand-held flags in buckets on either side, providing someone in Kohala would take responsibility for maintaining them.

Smith said they will also make efforts to block or enforce the No Parking area next to Car Tow on Akoni Pule Highway, to improve the visibility of drivers turning at the intersection of the highway and Hawi Hill Road. Finally, he said they will look into the street lighting in Hawi to see if more illumination is needed.

A’amakao Gulch – Plans for reinforcing a dangerous shoulder drop-off in the highway winding through A’amakao Gulch in Makapala have been scrapped, Smith said, “Because we don’t have the eight million dollars projected to fully fix the situation.” Previous engineers had

promised to start the fix in 2017, when a landslide made the highway sag. At the meeting Smith committed to starting some repairs and installing a guardrail at the site.

“Not tomorrow, but we will get it done before the middle of March,” he added. Sarah Pule-Fujii, a member of the PWR Group, has been pushing for the repairs for many years.

Yield signs on one-lane bridges – Another project long promoted by the PWR Group is for better signs and consistency of the Yield markers on the four gulch bridges between Halawa and Pololu. Three of them make Pololu-bound traffic yield, while one at Walaohia yields the other way. At the strong urging of the PWR Group and those present at the meeting, Smith agreed to change the signs and painting at Walaohia Gulch (Kapania Bay) so all bridges have the same yield pattern. He was also encouraged to install signs in Halawa warning of the one-lane bridges ahead.

Halawa Gulch tree removals – Branches falling on Akoni Pule Highway at Halawa have caused closure and long delays during the past year. Randee Golden expressed concerns about the large trees overhanging the road by Tong Wo Temple. Smith said his office had last year contracted a tree company to take out several large eucalyptus trees in the area. Work has not yet started.

“I will take steps to get them to do the work soon or face penalties,” Smith reassured her.

Landslide fill next to Middle School – After several large landslides last year, some of the dirt and rocks were deposited in piles next to Kohala Middle School. Smith said his office was not aware that the fill was still there, but committed to removing it as soon as possible.

Another resident complained about the safety hazard of large amounts of fill that have been deposited along the highway

in Kukuipahu near the 16-mile marker. Smith said that fill is within the State’s easement for the highway. “We need some place to take all the landslide material in Kohala, because the State has so little land up here.”

Blind driveway across from high school road – Kim Takata, speaking for Shiro Takata, asked if signs or other measures could be installed to warn drivers about the dangerous conditions by the elementary school and Kohala High School intersection. The driveway is obscured by high embankments on either side of the family orchard’s driveway across from the school. Smith committed to installing signs warning of a driveway entering the highway. He encouraged Takata to keep the sidewalk spaces clear of vegetation. “We have regular maintenance, but you use the road every day and can take up the slack,” he said.

Smith declined to put up a convex mirror to see oncoming traffic. “Our studies show that mirrors don’t work. We don’t use them anymore,” he said.

Pololu Lookout traffic congestion – One issue Smith said DOT is in no position to address now is the parking problems at Pololu Lookout. Photos of the traffic mess were shown to him, and several people asked for more No Parking signs along the highway leading to it. He said they are watching the pending consolidation and re-subdivision of land between the Department of Land and Natural Resources and Surety Kohala. “We cannot undertake eminent domain to get property for the pedestrian path between the proposed parking lot and the lookout,” Smith admitted. “Some other option to get people there will have to be part of the discussion.”

As to putting up more No Parking signs along the road, Smith said they will not work there. “With nowhere else to park, people will ignore the signs

and continue to do what they do,” he said. Enforcement of those with cars parked within the highway pavement is a County police issue.

Re-paving and line painting on highways – Toma Raymond asked about the long-standing promises by DOT to repave the highway between Halawa and Pololu. Smith apologized for past division statements that re-paving was on the DOT CIP budget, but stated that the project is no longer on the list for funding.

“The direction that I am taking is to concentrate re-paving efforts on the island’s belt highways, where the most traffic and eruption damage are located,” he said. “So far, we have repaved 200 miles of highways during my tenure, and we have another 200 miles to go. Then we can look at the others.”

The focus for working on Akoni Pule Highway and the Kohala Mountain Road will be on continued painting of stripes and replacement of reflective markers. Sarah Pule-Fujii pointed out that the stripes on the highway in Niuli’i can no longer be seen.

“This is what we need from the community, eyes on the conditions and reporting to us,” Smith said.

Improved signs for driver safety – Another area where Smith urged community input is in installing signs to make the highways safer. “Harry and I have a long list of signs that we identified could be added to Kohala, but you are unlikely to want them all. Too many signs detract from eyes on the road.”

Smith praised the work of Kohala’s PWR Group for telling DOT where the problems are and making suggestions. He encouraged residents to tell their specific interests and problems to the PWR Group, which meets monthly as part of the Community Development Plan program, or directly to the Highways Division office in Hilo.



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Seniors Celebrate Chinese New Year and Valentine's Day

Story and photos by Lynda Wallach

On Monday, February 11, the Intergenerational Center was dressed in red – from the red tablecloths and red decorations on the tables to the red shirts worn by the members of the North Kohala Senior Club as they celebrated both Valentine's Day and Chinese New Year. The party started with the Chicken Dance to get everyone up and invigorated. Then came the crowning of the Valentine Queen, Madeline Gonsalves, and the Valentine King, Bob Shoup. Since it was Chinese New Year, there was also a Chinese Queen and Chinese King. Queen Evalani Kawai and King Gordon Duarte were both crowned with traditional Chinese hats. The royal couples then took to the floor in a romantic dance honoring the spirit of holiday. After that it was time for the rest of the seniors to "get down" to some old favorites from the 50s.

A Chinese New Year celebration would not be complete without the traditional Lion Dance and firecrackers. Carla Carvalho, dressed as the Lion, led the group out to the basketball court for the firecrackers, then accepted their donations so they would have good luck in the coming year. Of course, this party, like all the Senior's celebrations, ended with a delicious lunch.

Once again, the North Kohala Seniors demonstrated their love of each other's company and of the diversity of their Kohala community.



Carla Carvalho dresses in costume as the Lion for the traditional Chinese New Year Lion Dance.



(Left to right): Bob Shoup, Carla Carvalho and Lana Lewis "get down" to old 50s favorites.



Jan Yang dances the Chicken Dance.



Chinese Queen and King: Evalani Kawai and Gordon Duarte.



Valentines Queen and King: Madeline Gonsalves and Bob Shoup.



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How is The Co-Op Doing?

By Cathy Morgan and Anna Flint

The Kohala Artists' Cooperative has been very busy for the past eight months building out our gallery, event calendar, classes and evening gatherings.

Our centrally located historic building, Bozo's Garage, has proven to be a much-appreciated gathering place for local groups, visitors and performers. Within this versatile and creative space, we house a thriving local arts gallery; an artists' studio space; a film screening area; a stage with a baby grand piano, donated by the Kahilu theatre; an acro-silks space; and a growing library of art books and supplies! Our community center is open to the public and available to be rented for weekly meetings, monthly workshops or special events. Each second Saturday, we hold a community swap meet, offering space to anyone who would like to set up their own table and sell, swap or trade goods. The last Saturday of the month we host an Art Party. This event is an open house where we showcase our two galleries: one for artist members and the other for visiting artists. We also share a little theater performance, food and beverage vendors and always a gathering of local musicians. This evening is family-friendly and gathering often happens around an art table, with people creating into the night. We want to share our creative safe space with all! Let us know if you'd like to perform or showcase your talents. Please mark it on your calendar: last Saturday, 5:00



Photo by Anna Flint

Jeralyn Glass, an internationally known singer and sound-healing practitioner, shared an evening of Crystal Sound Bowl Meditation at the Artists' Co-op during her visit to the Big Island.

to 8:00 p.m. Come join in the fun! Currently our gallery hosts 26 local artists. We are here to promote local artists, encourage each other to try new mediums, offer classes and learn about each other's work. Because members run the gallery on rotation, we need to know about each other's processes to be able to promote each other's work. Very importantly, our member-artists help fund our organiza-

tion with monthly dues and a 20 percent sales return to the "mother ship." Please remember us when you shop for someone special! Gallery hours are 11:00 a.m. to 5:00 p.m., Monday through Saturday. Our Community Center has been bustling with events ranging from Crystal Sound Bowl Meditations, Native American Sound Journeys, Documentary with Climate Talk, DJ Nights, Poetry Group, Short

Film Festival and New Moon Yoga / Healing Sound, to name a few! Please join us and experience something new or offer an experience unique to you for others to share in. That's what the Arts are all about!

We are also dedicated to reaching out to our youth, ages five to twenty years, offering afternoon arts on Wednesdays from 2:00 to 4:00. This is a guided open studio, hosted by Anna Flint, where kids have access to materials, space and budding friendships. Recently, we have become the unofficial club house of "Ocean Warriors," which is led by two members, Elizabeth Pickett and Tom Loomis. They teach coastal stewardship, ecological awareness and S.T.E.M. (science, technology, engineering and math)-oriented, hands-on projects to middle school students. This spring, students will design and build their own personal Hawaiian wooden bodyboards. We are very excited to welcome them to our fabulous space.

We are a community-run organization and warmly invite those who are interested in beginning more involved in your local Cooperative community center, such as in planning and hosting events, social media, outreach and fundraising, art ideas and projects to be part of our 'ohana! Our mission statement is, "To connect people to each other through fun and interesting creative activities for all ages."

Thank you, come check us out and join in the fun!

Pololu, Kaiholena, Halaula Well and Liliuokalani Trust Discussed

The January 28 meeting of the North Kohala Community Development Plan Action Committee (CDP AC) opened with a report from Toni Withington regarding proposed improvements for the Pololu lookout area. A meeting was held on November 14 that was well attended by members of the community, including local landowners as well as David Tarnas, our State Representative and representatives from the Department of Land and Natural Resources (DLNR) and Surety Kohala. After DLNR stated that there was no space for a restroom on their current lands, Bill

Shontell of Surety Kohala agreed to put aside five acres. Though it has been determined that five acres is more than is needed for parking and a restroom at the present time, having the land available means that the parking lot can be expanded in the future if the need arises. The State Department of Transportation (DOT) did not attend the meeting, but a meeting with them was scheduled on January 31. Details of that meeting are described in another article in this issue.

Withington also reported that the \$500,000 requested by Na Ala Hele, the State of Hawaii Trails and

Access Program, has been accepted as part of the state budget and is going before the state legislature. The money will be used to begin the planning and the consolidation and resubdivision process for making the parking lot and for upgrading the trail. She also said that Na Ala Hele, which is responsible for issuing permits for commercial tours of the trail, has been informed of the large number of shuttle buses seen at the lookout. Permits are issued for only two parties of twelve a day but there are pictures showing as many as eight shuttle buses at a time parked along the narrow verge

of the highway.

Speaking for the Public Access Group, she said that funding for the maintenance of Kaiholena/Pao'o has come through. Students at Kohala High School have been working on maintenance for the last six months. She reported also that the owner of Kohala Shoreline LLC, which is the property across from the entrance to Kohala Ranch, has reduced his proposal from eleven parcels, some of which had been makai of the Alaloa Trail, to six parcels of five acres each, none of which will be below the Alaloa

See NKCDP, Page 12

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NKCDP, continued from Page 11

Trail. There will be public access, parking and a trail.

The issue was brought up that, as more and more areas are opened up to public access, people from within and outside the community who have a legal right to use the area have abused that right by camping, defecating, playing music and using drugs. A recent event brought in many people from outside the area, some of whom ended up camping on private land and, because there were no public lavatories, created a sanitary problem. Eventually, the police had to be called in. Withington said that, in the future, the Public Access Group will be communicating closely with the Planning Department.

Withington, also reporting from the Parks, Water and Roads Group, said that work on the construction of the Halaula well is proceeding. The Department of Water Supply will be scheduling a meeting with the community, since work on the well will be quite disruptive for the people in Halaula and beyond as they will tearing up a large section of the water main in Halaula. The public will be informed as soon as the meeting is scheduled.

Jeff Coakley said that the group will be organizing the clearing of the next section of Pratt Road so that it can eventually be used as an emergency bypass. The landowners are open to the idea of opening their gates in an emergency, but are concerned especially about thefts and

drug-related activities that occur along the road. Coakley said that he hoped solutions can be arrived at through dialogue.

The meeting concluded with a presentation by Richard "Likeke" Teanio of the Queen Liliuokalani Trust on the potential new expansion of Trust services in North Kohala. The Trust is a private operating foundation that was founded in 1909 for the benefit of orphaned and destitute children, with an emphasis on Native Hawaiian children. The Trust serves about 10,000 children annually. In 2015, the definition of destitute was expanded to include children living in situations that had not been recognized as falling under the previous definition. Teanio told of the numerous programs the trust has to help children and families. He explained the Pilimai program, which brings programs into schools, specifically targeting sixth, seventh and eighth graders. He said he is hoping to bring the program to Kohala Middle School in the coming year. The Trust also does a youth leadership program, where the participants are asked to identify problems in their communities and what they would do to solve them. Teanio has met with the principals of the elementary, middle and high schools in Kohala to find out what services are most needed.

The next meeting of the NKCDP AC will be on Monday, March 18, at 5:00 p.m. at the Hisaoka Gym. Members of the community are encouraged to attend.

WEEKLY EVENTS IN FEBRUARY 2019

DAY	START	END	EVENT	VENUE	CONTACT	
MON	7AM	8AM	AA DAWN PATROL	KAMEHAMEHA PARK	889-5675	
	9AM		KOHALA SENIOR CLUB MEETING (meeting at back of Hisaoka Gym until venue pipes are fixed)	OLD COURTHOUSE	895-2094	
	9AM	1PM	EARLY LEARNING WITH CATHY MORGAN	HUB CLUB	889-0404	
	3PM	3:45PM	CAPOEIRA - 3-6 YEARS	HUB BARN	889-0404	
	4PM	5PM	CAPOEIRA - YOUTH	HUB BARN	889-0404	
	5PM	6PM	INSANITY CLASSES WITH ROSS PAGAT	SOLID ROCK NORTH CHURCH	989-0966	
	6PM	6:30PM	FREE RMD TAIKO CLASSES	HISAOKA GYM	895-2025	
	7PM		AL-ANON MEETING WITH LAURA	KOHALA MISSION SCHOOL		
TUES	7AM	8AM	AA DAWN PATROL	KAMEHAMEHA PARK	889-5675	
	9AM	10:30AM	CHAIR YOGA	INTERGENERATIONAL CENTER	889-0583	
	9AM	11AM	TAI CHI - ALL	HUB HALE	889-0404	
	9:30AM	12PM	GARDENING TODDLER W/KAYLA SINOTTE	HUB CLUB	889-0404	
	2:45PM	3:45PM	KEIKI BALLET 3-7YEARS	HUB BARN	889-0404	
	3PM		SCRABBLE FOR TEENS & ADULTS	NORTH KOHALA LIBRARY	889-6655	
	5PM	6PM	MEDITATION COURSE	INTERGENERATIONAL CENTER	917-293-3427	
	5PM	6PM	INSANITY CLASSES WITH ASHLEE CHEEK	SOLID ROCK NORTH CHURCH	989-0966	
	5:30PM	8:30PM	CERAMICS - GUIDED OPEN STUDIO	HUB CLAY COTTAGE	889-0404	
	6PM	7PM	TABLE TENNIS/PING PONG	OLD COURT HOUSE	889-1099	
	6:30PM	7:30PM	BELLY DANCING - TEEN-ADULT	HUB HALE	889-0404	
	WED	7AM		WALK WITH A DOC	KAMEHAMEHA PARK	889-1570
		9AM	1PM	EARLY LEARNING WITH CATHY MORGAN	HUB CLUB	889-0404
10:30AM		3:30PM	HARMONY EDUCATION OPTIONS DAY	HUB HALE PONI	889-0404	
1:30PM			AFTERSCHOOL LEGO BUILDING	NORTH KOHALA LIBRARY	889-6655	
1:30PM		2:30PM	HIP HOP 7YR - TEEN	HUB BARN	889-0404	
2PM		4PM	OPEN GUIDED ART STUDIO	ARTISTS' CO-OP	783-1158	
5:30PM		8:30PM	CERAMICS - GUIDED OPEN STUDIO	HUB CLAY COTTAGE	889-0404	
6PM		6:30PM	FREE RMD TAIKO CLASSES	WALKER HALL	895-2025	
6PM		7PM	GROOVE FUSION	HUB BARN	895-2025	
6PM		7:30PM	SEIBUKAN KARATE ACADEMY	HISAOKA GYM		
7PM			ALCOHOLICS ANONYMOUS	WYLLIE HALL, 'IOLE ROAD	889-6703	
7PM		8:15PM	THAI CHI - TEEN - ADULT	HUB BARN	889-0404	
7:15PM		8:15PM	SALSA - TEEN-ADULT	HUB HALE	889-0404	
THU	7AM	8AM	AA DAWN PATROL	KAMEHAMEHA PARK	889-5675	
	9:30AM	12PM	GARDENING TODDLERS 1.5-3YRS	HUB CLUB	889-0404	
	10AM		QIGONG	KING KAMEHAMEHA PARK	530-277-8766	
	4PM	5:30PM	JAN'S YOGA - INTERMEDIATE	HUB HALE	889-0404	
	5PM	6PM	MEDITATION COURSE	INTERGENERATIONAL CENTER	917-293-3427	
	5PM	6PM	INSANITY CLASSES WITH ROSS PAGAT	SOLID ROCK NORTH CHURCH	989-0966	
	5:30PM	8:30PM	CERAMICS - GUIDED OPEN STUDIO	HUB CLAY COTTAGE	889-0404	
	6PM		TABLE TENNIS/PING PONG	OLD COURT HOUSE	889-1099	
	7PM	8PM	NARCOTICS ANONYMOUS	WYLLIE HALL	498 4714	
FRI	9AM	11AM	TAI CHI - ALL	HUB HALE	889-0404	
	9AM	1PM	EARLY LEARNING WITH CATHY MORGAN	HUB CLUB	889-0404	
	10AM		PRESCHOOL STORY TIME AGES 2-5	NORTH KOHALA LIBRARY	889-6655	
SAT	7AM	8AM	AA DAWN PATROL	KAMEHAMEHA PARK	889-5675	
	12PM	3PM	CERAMICS - GUIDED OPEN STUDIO	CLAY COTTAGE	889-0404	
SUN	9AM	10:30AM	JAN'S YOGA - BEGINNER - TEEN-ADULT	HUB HALE	889-0404	
	10AM	11AM	SEIBUKAN KARATE ACADEMY	HAWI FARMERS MARKET		
	10AM		WEST AFRICAN DRUMMING CLASS	LAVAROOT'S PAVILLION	987-4243	
	10:30AM	12PM	JAN'S YOGA - INTERMEDIATE	HUB HALE	889-0404	
	11AM	12:30PM	WEST AFRICAN DANCE CLASS	LAVAROOT'S PAVILLION	987-4243	
	4:30PM	5:30PM	TANGO - BEGINNER - TEEN-ADULT	HUB HALE	889-0404	
	5:30PM	6:30PM	TANGO - INTERMEDIATE - TEEN-ADULT	HUB HALE	889-0404	
	6:30PM	7:30PM	TANGO - ADVANCED	HUB HALE	889-0404	

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Kohala Sports

Kohala's World Class Triathlete



*Photo by Steven Guppy
Malcolm Davis with his prize,
an over-40-pound ulua he
speared in the deeper waters off
Anaeho'omalu Bay. Davis learned
spearfishing from his swim coach,
Jeffrey Coakley.*

Story by Jeff Coakley

While spearfishing in the shallow waters off Anaeho'omalu Bay with his high school friends, something kept telling him to head out to deeper waters. Soon, he found himself about a half mile from shore. Earlier he had seen a white tip shark and, being out there alone, he began to wonder if this was a good idea. But then he saw it. It was a big ulua cruising along the bottom at 60 feet!

The ulua knew he was up there, but swam slowly along the bottom with Malcolm Davis tracking him from above, waiting for a chance

to get a shot at the fish. This went on for about 30 minutes and then Malcolm lost sight of the ulua. But he kept on, hoping to see it again. Finally, after 10 minutes he saw the ulua as it entered a cave.

Malcolm, from his diving experience with Daniel Coakley, knew that in an ulua house or cave, there is always a main entrance and a rear exit that is used to escape any predators. This cave was no exception. He dove down to the bottom, spotted the rear exit and hid behind some boulders at the side of the cave's entrance, waiting for the ulua to reappear.

His patience won out as the ulua soon appeared, hovering at the entrance opening with only its massive head showing, but enough of it for a clean shot from Malcolm's spear gun.

His spear hit the ulua with such force that it momentarily stunned the fish. Malcolm rushed in to grab it only to have the ulua recover and take off with the spear back into the cave. The fish swam through the back exit and then to the front entrance, completing this circuit three times, hoping the jagged lava would break the spear loose or the line attached to his spear.

After resurfacing to breathe, Malcolm dove down again, grabbed the fish and began the struggle to untangle his line from the cave. After an hour and 45 minutes he had his 40+ pound ulua well in hand and began the half mile swim back to shore, holding on to the giant fish with one arm. He arrived on shore to a crowd of onlookers cheering him on as he limped on shore and flopped onto the sand.

One of the things that I would teach my USA swim team besides how to race was spearfishing, girls included. In fact, some of the girls, like Marvelanne Clark, developed the "squid eye," meaning they were able to detect these camouflaged creatures and spear them. From the outset, Malcolm took to spearfishing and loved it. He would go spearfishing with Olympian Daniel Coakley, both becoming fast friends.

I remember one spear fishing trip where the three of us were heading

down the highway, all scrunched up in the front of my small Ford truck. I was driving, Daniel next to the passenger side door with Malcolm in the middle shifting gears as I steered and operated the gas pedal and clutch.

This is the type of perseverance and conditioning that has helped Malcolm Davis to be ranked eighth in the World 18-and-Under Division as a Triathlete.

You can usually find him at the Kohala pool swimming lap after endless mind-numbing lap and then hopping on his bike pedaling for miles around Kohala. Or you may see him running along the Mahukona road in the hot sun training for an upcoming race. He trains alone, as there are no other triathletes in Kohala to train with. At times, members of the Kohala High School girls team will swim laps with him to keep him company. But mostly he's a lone warrior focused on being the best that he can become.

So far in his short career as a triathlete he was able to beat Olym-

pian Daniel Coakley, but that was in lawn golf. But hey, a win is a win! They, along with Stephen Guppy, enjoy spearfishing and spend hours doing it. Spearfishing was a great cross training for Daniel and I am sure it works for Malcolm.

I remember when Malcolm was around 12 years of age and a member of our Kohala USA swim team. We had gone to the USA Age Group championships that was being held on Oahu and Malcolm had qualified for a bunch of events. After a session at the pool, Malcolm expressed to me that if he knew how fast his competitors were, he would not have come. He was a good solid swimmer but not a top-dog performer to make it to the top eight. I felt kind of bad for him, as a coach you want your athletes to be successful. But then he also expressed that he wanted to become a triathlete and I felt maybe that was his niche.

The rest is history, as Malcolm is now a freshman at Cal Poly and ranked #2 on the Cal Poly Triathlete team as well as a world class athlete.



*Photo courtesy of Malcolm Davis
Malcolm Davis competed at the 2017 International Triathlon Union World Triathlon Grand Final held in Rotterdam, Netherlands on September 17, 2017. He finished 8th place in the Male 18-19 age group.*

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Kohala Sports

Kohala Cowboys Soccer Triumphs over Trojans

“Go Cowboys!!!” screams a cheering fan from the sidelines of the Kohala vs. Ka`u matchup held on Tuesday, January 22, on the Cowboys home turf. The Cowboys took the Trojans from farm to stable with a rousing and energetic 7-1 win over Ka`u.

“The Trojans fought hard and played tough,” said Riley Preston, a burgeoning freshman who brings years of soccer experience to his high school team. According to Head Coach Daniel Perez, “The team developed in many ways this season, like a family. The entire team understands unity and teamwork. We all came together for this game specifically to support our senior players’ last game.” This team-effort attitude resulted in senior student Keola Dewitt scoring two goals, Alika Viernes scoring three goals, while Christian Cedillos scored one goal and was all over the field with assists, passes and solid defense. Assistant Coach Fasil Bizuneh, who also teaches math and physics at Kohala High School, feels that the team’s strength is rooted in their “positive attitude.”

This is a very special team, as it also has three siblings playing together. According to the spirited and supportive mother of these players, Erika Cedillos, being a team “soccer mom” results in “...



Photo by Marcus Douglas

KHS 2019 Cowboys Soccer Team

Back row (left to right): David Jimenez, Justus Ventura, Kawika Paio, Manase Pagud, Shilo Perez, Ryle Preston
 Middle row (left to right): Joel Gonzales-Oliveros, Kamani-Loa Provencal, Damien Padilla, Jaime Cedillos, Iris Cedillos
 Front row (left to right): Assistant Coach Fasil Bizuneh, Julian Parks, Christian Cedillos, Head Coach Daniel Perez, Alika Viernes
 On ground: Keola Dewitt



Photo by: Marcus Douglas

Seniors (left to right) Keola Dewitt, Alika Viernes and Chris Cedillos enjoy some time together after their last home game against Ka`u, which they won 7-1.



Photo by: Marcus Douglas

(Left to right): Chris, Jaime and Iris Cedillos work as a team on and off the field. They say that as siblings their parents have taught them the value of love, family and working with each other to challenge themselves.

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lots of yelling and lots of driving.” However, to see the joy in their faces makes all this family’s sacrifice well worth it to support their children’s passions. Meanwhile, their dad thinks that the best thing for his players is “...encouragement and not to push them too hard.” Freshman Jaime Cedillos says he really enjoys playing with his siblings. He says, “While we work to get along, we always keep each other in check.”

The fans seemed to really enjoy the play as well. According to Hawi residents Dena and Wanda Moitoza, “I love it. It is so exciting to see young people with energy having fun.” Dena says, “I figured I should watch sports here in my own town instead of on the TV.” Dena and Wanda came to support the players

that go to their church.

The more I talk with folks in Kohala the more I realize that Kohala kakou possess a deep-seeded need to support their children in everything they do. Sports are just one great venue for supporting kids in Kohala.

As for the soccer game, I remember what my favorite coach told us at every practice during my impressionable years, “Offense entertains, and defense wins the game. If they do not score, they do not win.” No one knows this feeling more than goalkeeper Ka`mani Provencal. “The goalkeeper is like the general of the defense,” he says. Ka`mani only allowed one point to the Trojans all game, as they sent a barrage of balls battering his every inch of the net. Go Cowboys!

Kohala Sports

Kohala Cowboys Cheer Tradition Lives Strong



Photo by: Marcus Douglas

*Kohala High School Cheer Team
(Left to right): Destiny Souze, Jessa-May Campollo, Mya Bartsch, Reyanna Savedra, Coach Cherry Bartsch, Lilly Lindsey, Jovylyn Campollo, Mya Finau and Dayanna Cornelio*

Kohala High School cheerleaders are taking the games to the next level with their smooth style and positive energy. Mya Bartsch, Reyanna Savedra, Lilly Lindsey, Jessa Campollo, Jovi Campollo, Joselyn Medeiros, Mya Finau, Destiny Souza and Deyanna Cornelio are Kohala's finest full-fledged fans. Senior Mya Bartsch has been a cheerleader for four years and enjoys encouraging and supporting others. When asked about how cheer has affected her life, Mya replies, "Care for others and one's self. Challenge yourself; you might like it." Mya loves to bring cheer to her community. Mya's mother, Cherry Bartsch, is the Cheer Coach.

Coach Cherry and Mya's father, Jonathan Bartsch, support the team every way possible. According to Josefynn Medeiros, "The girls seem to enjoy the company of the two coaches and all work well together." According to Cherry Bartsch, "As I was a former cheerleader, I can say that yes, it was a wonderful time cheering with the girls. I enjoyed my time while it lasted." Coach Cherry has been involved in cheer at Kohala High since she attended the school as a student, and in 2012 breathed life back into the cheer program as a way for her "to give back to her community for what her

coaches gave her." Coach warmly remembers her cheer coach, Mrs. LiAnne Boshard.

Coach Cherry also feels it is necessary "to create a positive support system for Kohala kids." Senior Lilly Lindsey has been attending Kohala High School for three years and she "enjoys cheering with her cheer girls very much." Lilly says that being involved in cheer "is a great experience. It is a great way to meet new people and build confidence." Reyanna, Joselyn, Lindsey and Mya are all Kohala High School graduating seniors that all have a similar message for Kohala's future cheerleaders. "Just do it. Challenge yourself. Represent your school and community." They will be graduating this May and will always hold a dear place in Kohala's hearts.

Cheerleading unites the girls in unique way and has had many unforeseen benefits for the girls. One athlete says, "Cheering has helped me overcome my fears." One graduating senior cheer squad member, Joselyn Medeiros, wishes the Kohala High School girls "a wonderful rest of y'all's school year. You are all looking great out there; keep it up!"

As for the teams being cheered on, they say when they hear the squad cheering them on during

their games it "gives them that extra boost to play a little better"



Photo courtesy of Jonathan and Cherry Bartsch

LiAnne Boshard was Kohala High School's cheer coach from 1989-1990, when Coach Cherry Bartsch was on the cheer team.

(anonymous). Lana Lewis is the grandmother of Reyanna, and Tutu sums up her experience raising five grandkids in Kohala as kind of cheerleader herself. "I support my kids, I am so proud of them. I hope the kids achieve their goals." Sounds like a cheerleader to me. The most important thing about cheerleading is getting the crowd supporting their athletes with yells, cheers and positive energy. Parents, family, friends and guardians are the support network for kids playing sports. According to Jonathan Bartsch, "Being a cheer dad is great; it's my wife and the kids that inspires me. The cheer girls call me Coach Mom because I bring them snacks and drinks at all the events."

Thank you so much, Kohala High School Cheer Squad. We appreciate your Kohala malama kanaka style of positive, powerful energy and look forward to this year's crew leading next year's crew.

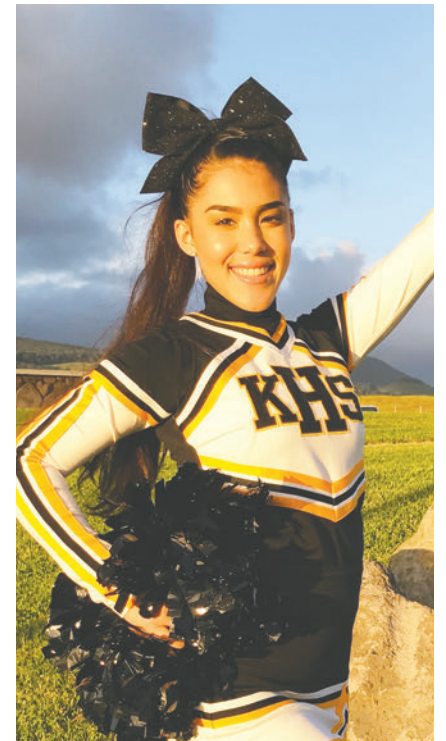


Photo courtesy of Jonathan and Cherry Bartsch

Senior Mya Bartsch

THE COQUI CORNER

Some of the January eradication sites include: Kaauhuhu Homestead, Union Mill, Union Market area, Kohala Nursery, Pratt Road, the Kamehameha Park golf course, Iole, Ainakea and the Transfer Station.

Mahalo to those of you who have taken the time to learn how to eradicate coqui on your property. This helps to maintain control of the number of infestations in our community.

Mahalo to the state and county for supporting our efforts.

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Public Notice

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The Hawaii Health Systems Corporation West Hawaii Regional Board of Directors will be having its next meeting open to the public:

Wednesday, March 13, 2019
3:30 p.m. to 6:30 p.m.

Kona Community Hospital's Conference Room 2

The West Hawaii Regional Board of Directors represents Kona Community Hospital and Kohala Hospital.

Any questions, please contact 322-6970
www.kch.hhsc.org

KOHALA MONTHLY CALENDAR FEBRUARY 2019

DATE	DAY	START	END	EVENT	DESCRIPTION	VENUE	PHONE
3/1	FRI	9 AM	3 PM	RUMMAGE SALE	FURNITURE, CLOTHING, KITCHEN WARE, TOOLS	KOHALA JODO MISSION	310-347-5379
3/1	FRI	6 PM		SENIOR CLUB	MOVIE NIGHT - ALL SENIORS WELCOME	KOHALA CIVIC CENTER	895-2094
3/2	SAT	9 AM	3 PM	RUMMAGE SALE	FURNITURE, CLOTHING, KITCHEN WARE, TOOLS	KOHALA JODO MISSION	310-347-5379
3/3	SUN	9 AM	3 PM	RUMMAGE SALE	FURNITURE, CLOTHING, KITCHEN WARE, TOOLS	KOHALA JODO MISSION	310-347-5379
3/4	MON	5 PM		CHESS CLUB		NORTH KOHALA LIBRARY	889-6655
3/4	MON	6 PM	7 PM	GROWTH MANAGEMENT GROUP	MEETING	BANK OF HAWAII BUILDING	854 4888
3/6	WED	4:30 PM		NKAG MEETING		OLD COURTHOUSE	
3/6	WED	4 PM		KOHALA COMMUNITY ACCESS GROUP	MEETING	SENIOR CENTER	IMUAKOHALA@GMAIL.COM
3/7	THU	7 PM	9 PM	KOHALA ECSTATIC DANCE JAM	FEATURING AN ECLECTIC ROTATION OF DEEJAYS	HUB BARN	889-0404
3/9	SAT			KOHALA ARTISTS' CO-OP COMMUNITY SWAP MEET	SET A TABLE AND SELL, SWAP OR TRADE GOODS	ARTISTS' CO-OP	783-1158
3/11	MON	3 PM	5 PM	NORTH KOHALA PARENT SUPPORT GROUP	SUPPORTED BY N. HAWAII COMMUNITY CHILDREN'S COUNCIL	KINGS VIEW CAFE	989-4894
3/11	MON	5 PM		ADULT AND TEEN POETRY	WITH JOSHUA BOWMAN	NORTH KOHALA LIBRARY	889-6655
3/11	MON	6:30 PM		HAWAIIAN HISTORY LECTURE	PRINCE JONAH KŪHI'Ō, WHOM WE CELEBRATE ON THE 26TH OF MARCH	NORTH KOHALA LIBRARY	889-6655
3/12	TUE	11 AM		ADULT READING DISCUSSION		NORTH KOHALA LIBRARY	889-6655
3/12	TUE	6 PM		HAWAII FARMERS UNION UNITED	6PM POTLUCK, 7PM PRESENTATION. FOR EVERYONE INTERESTED IN GOOD FOOD, NOT JUST FARMERS	THE HUB	KOHALA.HFUU@GMAIL.COM
3/13	WED	5:30 PM		KŪ LIKE KĀKOU	DINNER, FILM SHOWING, OPEN MIC, KEIKI CORNER	HUB BARN	889-7100
3/16	SAT	4:30 PM	6:30PM	FREE GRINDZ HOT MEAL	KOHALA BAPTIST CHURCH	BANYAN TREE	889-5416
3/16	SAT	6:45 AM		NKCRC ANNUAL GOLF TOURNAMENT	TWO PERSON SCRAMBLE, DELICIOUS LUNCH, GREAT PRIZES AND LOTS OF FUN	HAPUNA GOLF COURSE	889-5523
3/18	MON	6 PM		PRESENTATION	HOLISTIC HEALTH AND HAWAII'S RENEWABLE ENERGY FUTURE	NORTH KOHALA LIBRARY	889-6655
3/19	TUE	10 AM		ADULT WRITER'S GROUP		NORTH KOHALA LIBRARY	889-6655
3/21	THU	3 PM		CANCER SUPPORT GROUP		NORTH KOHALA LIBRARY	889-6655
3/23	SAT	10 AM	12 PM	THRIFT SHOP	AT ST. AUGUSTINE CHURCH	NEXT TO WALKER HALL	889-5390
3/23	SAT	11 AM	12:20 PM	COMMUNITY MEAL	AT ST. AUGUSTINE CHURCH	WALKER HALL	889-5390
3/25	MON	6 PM		AUTHOR READINGS	PRESENTED BY HAWAII WRITERS GUILD (OPEN TO ALL)		
3/27	WED	4 PM	5:30 PM	RESTORATIVE YOGA THERAPY CLASS	WITH CARLA ORELLANA, CERTIFIED YOGA THERAPIST, BY DONATION	THE HUB	889-0404
3/27	WED	5 PM		PARKS, WATER & ROADS GROUP	MONTHLY MEETING	OLD COURTHOUSE	889-6238
3/28	THU	3:30 PM		NA 'IMI 'IKE	HAWAIIAN LANGUAGE STUDY GROUP	NORTH KOHALA LIBRARY	889-6655
3/30	SAT	5 PM	8 PM	KOHALA ARTISTS' CO-OP ART PARTY	GALLERY SHOWCASE, THEATER PERFORMANCE, VENDORS, LOCAL MUSICIANS	ARTISTS' CO-OP	783-1158
3/28	THU	6 PM	6:30PM	PRAYERS AROUND THE PEACE POLE	ALL ARE WELCOME, REGARDLESS OF RELIGIOUS AFFILIATION	ST AUGUSTINE'S CHURCH	895-5753
3/18	MON	5 PM		NKCDP AC MEETING	NORTH KOHALA COMMUNITY DEVELOPMENT PLAN ACTION COMMITTEE	HISAOKA GYM	323-4770

Email Calendar Listings to kohalacalendar@gmail.com



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 Sabbath School: 9:30 AM
 Divine Service: 10:45 AM
 Potluck-Fellowship Lunch every Sabbath
 55-3361 Akoni Pule Highway, Hawi HI
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 Kohalasda.com

Kalahikiola Congregational Church
 Service every Sunday Morning at 9:30 followed by pupus & fellowship
 Prayer time Tuesdays at 11:30
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 www.kalahikiolacongregationalchurch.com
 889-6703

Kohala Baptist Church
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 Adult Bible Study/Kids on Mission 9 am
 Worship Service/Sunday School (for children of all ages) 10:30 am
 Pastor Steven E. Hedlund (808)889-5416
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Gospel of Salvation Kohala
 Kokoiki Road
 Service: Sunday 9:00 AM
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 Prayer Meeting: Friday 7 PM
 Pastor Ilma Mo'ihā
 www.gos-kohala.org

St. Augustine's Episcopal Church
 Kapa'au, North Kohala
 Sunday Services:
 7am - Holy Eucharist (quiet Mass)
 9am - Holy Eucharist
 Children's Sunday School & Fellowship Brunch
 Thrift Shop Hours:
 Weds: 12 - 3:30pm • Thurs: 4 - 6pm
 4th Saturday: 10am - 12pm
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Kohala Sports

Kohala Boys Homecoming Basketball: Kea'au vs. Kohala

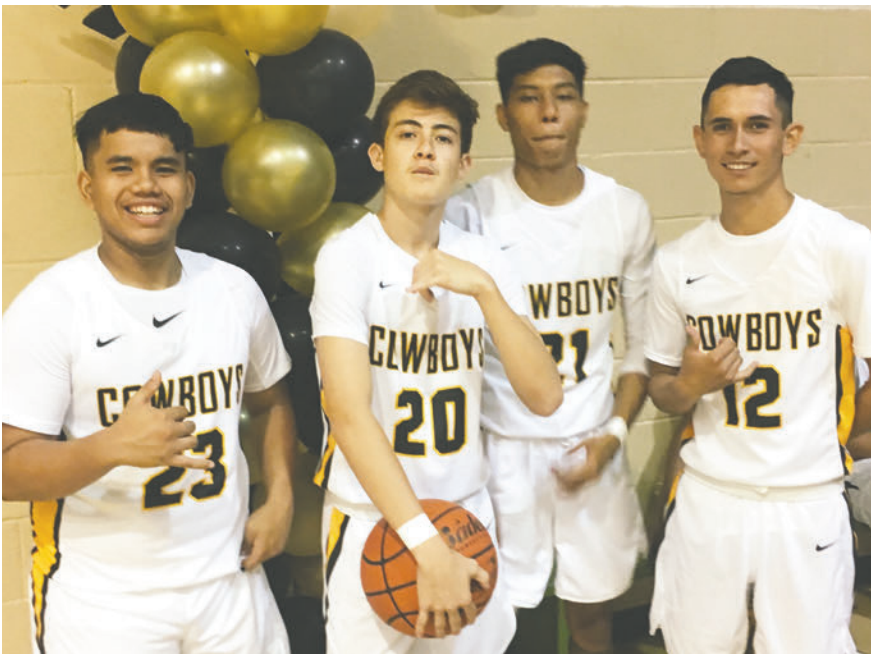


Photo by Marcus Douglas

*Kohala varsity basketball players are warmed up and ready for the Homecoming Game!
(Left to right): Elijah Antonio, Oshen Cazimero, Dawstin Ho'opai and Isaiah Salvador*

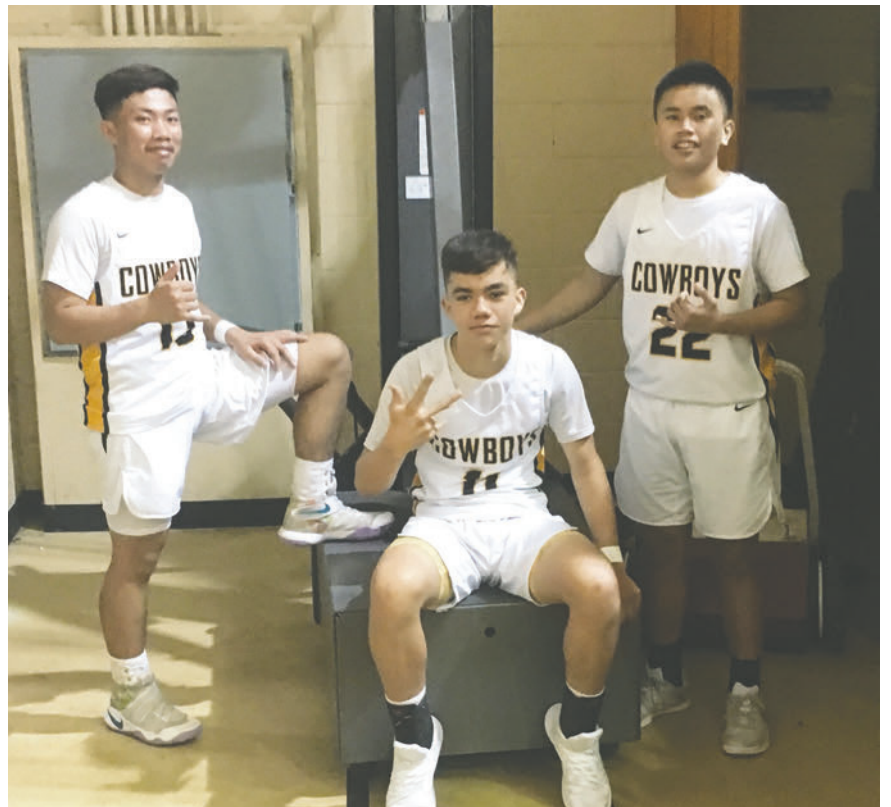


Photo by Marcus Douglas

*The boys are Ready to Play Ball
(Left to right) Jeffery Francisco, Moses Emeliano and Koby Agbayani get ready to play ball against Kea'au.*

Spirits were definitely high for Kohala's students and community members as they walked into the Hisaoka gym for Kohala High School's Homecoming basketball games. On Friday, January 11, the Kohala Cowboys were ready to "Corral Those Cougars," and they did just that as the Cowboys roped up the Kea'au team. Though the Junior Varsity team was very close in the score for the whole game, they didn't quite get over the hump to beat them.

The Varsity team, on the other hand, won with a score of 82-62.

The game was quite intense, resulting in a longer game than usual, but did this not faze the audience, for they were at the edge of their seats for a majority of the game. The cheers could be heard from at least a mile away, and the cheerleaders continued to keep the crowd engaged through and through.

Instead of the usual homecoming parade, students took part in another event known as "section decorating." The task consisted of

decorating the top of the bleachers, which sported balloons and streamers in that class's colors, and cardboard cutouts of corrals depicting wanted posters of "cougars." Though those participating in putting up these decorations thought it was stressful, it did make the gym seem more cheerful and colorful.

The Cowboys are ending their season with a great record and just a few games left.

According to the players, there's no doubt that the coaching staff really makes a difference in the players attitudes and abilities. Both the JV and Varsity coaching squads use their years of experience in Kohala and as coaches to shape the players into what coach James Marquez says is "strong traits: energy, potential, speed." Coach Marquez recalls "the boys played ball from biddie on up, and now they realize it's a different level of play. We look forward as a Kohala community to seeing how the season plays out. From what I see on the court, Kohala Cowboys Basketball is rising to the challenge."

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Kohala Sports

KHS Boys Basketball: Kealekehe vs. Kohala



*Kohala Junior Varsity Boys Basketball Team
Front row: Jace Hook, Logan Neves, Zak Javillonar and Legend Libron
Back Row: Mj Macaspac, Keoni Barco, Onipa'a Matsuda, Kahiau Kapeliela and Zhane Ching*

Kohala vs. Kealakehe Junior Varsity Game

The boys Junior Varsity (JV) Basketball team worked all game to maintain their composure against the Waveriders. According their coach, "They were way behind going into the second half, but we came out a different team in the

second half to take the lead." Fourth quarter, 5:59 on the clock with a score of 46-39. The home team is in bonus time and shooting free throws like crazy. The JV players for Kealakehe are hustlers and tough opponents with three-point accuracy. However, Logan Neves ran with a rebound for two point

layup and then sank a foul shot to make three points with only 33 seconds left in the tight game: 55-54. With one last effort to score winning points, Kohala's Onipa'a scored two free throws to go up 57-54 and go home with a win.
Kohala vs Kealakehe Varsity Game, half-time score: 21-13

When I arrived back at the Varsity game, it was already half-time. The first half was pretty exciting, or so I heard from fans and coaches, but the second half is always where the level of play steps up. It was no exception in this matchup against Kealakehe High School. With a
See KHS, Page 19



*Kohala Varsity Boys Basketball Team
Front row (left to right): Jeffrey Francisco, Elijah Antonio, Dawstin Hoopai, Oshen Cazimero and Koby Agbayani
Back row (left to right): Moses Emeliano, John Nicolas, Isaiah Salvador, La'akea Kauka and Molonai Emeliano*

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Hawi, Hawai'i

KHS, continued from Page 18

great mix of all classmen on the court in the beginning of the second half, the Cowboys kicked off with a swift seven point gain. Not a single point was allowed for Kealakehe by the Cowboy's solid zone defense, with man-to-man coverage on the point, which made it tough to penetrate the net. The Cowboy's super-fast pace and intense grit wore heavy on their opponents by the fourth quarter.

Forty seconds into the fourth quarter, the Cowboys scored four points on a steal and then a quick-break layup play. The senior boys came to play with intensity in the fourth with Dawstin Ho'opai and Isaiah Salvador attacking Kealakehe with three freshmen to support.

I really dig how the crowd goes wild as the referees just can't seem to make calls the crowd agrees with. I'm with fans. This game was special, or maybe this is just the normal awesomeness of Kohala fans. I sat up in the back top row. Little did I know this was the kids' section. These dozen-or-more tenacious keiki were screaming for the Cowboys and mimicking the cheer chants they gained from watching the ever-present cheer crew. What a great feeling to see everyone cheering for their teams!

Fourth quarter with 5:57 left in the game, 38-19, Cowboys leading. Kohala is not taking chances with an intense full court press and an even faster pace of offense and defense. Kealakehe is missing shot after shot and, regrettably, can't muster a point a minute. Not the same play for the Cowboy's Isaiah Salvador, as he just can't miss a shot in the fourth quarter, leading his team 43-19 with 4:46 to go. Kealakehe can't stop fouling the Cowboys to the free lines, where Oshen Cazimero scores easy shots twice from the frequented free throw line. A minute 42 seconds left in the fourth quarter, and the Cowboys lead 56-24. This one ends with a big win for the home town horsemen, who sent the Kohala kamakani winds at Kealakehe and bounced those aggressive, super-hustling Waveriders right off their boards. Offense entertains while defense wins the game; if they don't score, they don't win. Final score 58-26, Kohala.

**KMS Academic & Hawk Awards
2nd Quarter
2018-2019**

Congratulations to Winners of Kohala Middle School's Academic and Hawk Awards!

The following students earned one of Kohala Middle School's prestigious awards for their achievements in the second quarter of the 2018-2019 school year.

Academic Awards

Principal's List

Kohala Middle School recognizes the following students on the Principal's List who achieved a 4.0 grade point average for the first quarter:

Grade 6
Isaac Salvador-Libron

Grade 7
Makenzie Afaga
Trycen-Anthony Alejandro
Camille Fuertes
Landon Kauka
Princess Shalei Nicolas
Jayline Salvador

Grade 8
Tiani Akana
Aidan Blanco
Camille Pinho

Honor Roll

Kohala Middle School recognizes the following students who received Honor Roll by achieving a 3.5-3.9 grade point average for the first quarter

Grade 6
Stella Brooke
Aisha Elmer
Amillo Heu-Mathieu
Ava-Grace Ishimine
Mahea-lani Pang
Zoe Peleiholani
Liana Pine-Ramos
Sophie Canine

Honor Roll

Esaias Hook
Christine Kimball
Kalia Marquez
Emilia Masalosalo Medina
Kailani Valenzuela-Conte

Grade 7
James Ramos
Adela Van Housen
Liana Cataraha
Kassidy Kapeliela
Ezra Ancheta Morin
Kayzen Ittner
Cassandra Jones
Savannah Kupukaa
Edward Stenson Jr.

Grade 8
Naomi Brooke
Daniel Remsen
Lei Vakauta
Anthony Kaai
Sabrina Prentice
Ralph Janssen
Kanoa Leshner
Jersey Lewis
Kamaehu Paaao
Makaialeukahi Pang

Grit Award

Grade 6:
Mahea Pang
Averie Sasaki

Grade 7:
Lulia Perez
Joden Fernandez
Leyton Neves
Liana Cataraha

Grade 8:
Aking Hinson
Kadyn Terry
Monica Oliveros
Kalialani Riveira

Pono Award

Kohala Middle School recognizes the following students with the Pono Award for being role models for their peers, choosing to do the right thing, and for encouraging a safe and respectful school environment:

Grade 6
Amillio Heu-Mathieu
Aukai Viernes
Tyler Pascual
Liana Pine-Ramos

Grade 7
Camille Fuertes
Matias Pascual
Shalei Nicolas

Grade 8
Kanoa Leshner
Naomi Brooke

Hawk Awards

Grit Award

Kohala Middle School recognizes the following exceptional students with the Grit Award. These students displayed resilience, perseverance, dedication and determination in the face of challenges.



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Kohala High School's Fascinating Teacher

Story and photo by Donna Botelho

Walls covered in bright, entertaining posters and her desk piled high with books, Ms. Brown's classroom shines with her exuberant personality. She has four different classes and when she teaches her many areas of expertise connect together to create a dynamic learning environment for her students.

Brown has lived in Kohala most of her life, being born and raised here. She spent time outdoors, took horseback riding lessons, and learned the piano. She also began developing a growing affinity for comic books, her favorite being Superman from the DC Universe.

When it was time for college, she selected Boston College, which is where her father and uncle attended. She had spent a lot of time on the East Coast visiting family, so it became the obvious option.

During her time at Boston College, she had ended up majoring in English, after changing her major 4 times. "I went into college as a geophysics major, and then I was a psychology major for a little bit, and then I was an education major for a little bit, and then I decided to major in English," she explained.

Being a teacher didn't seem to be in the cards for her at first. It was actually something she had wanted to avoid. "Growing up, I was adamant about not becoming a teacher because both my parents were teachers, my grandmother was a teacher and my uncle was

a teacher," she said. She also had a dream to become a writer, with notebooks at home filled with story ideas.

Ms. Brown also had a dream of being an editor, because she loves helping people develop their ideas and creativity. She found that dream when she returned to Kohala



Ms. Brown teaches English, psychology, acting and AVID at Kohala High School.

and was offered a position teaching English. "When I started teaching it was awesome and I loved it, so I decided to make it a life occupation."

Out of all the subjects, English is her favorite, but she loves psychology after teaching a "Psychology of Superheroes" resource class last year and enjoying it immensely. Brown loved sharing her affinity for superheroes and how the comic book movies seem to have brought

them back into the limelight. Her classroom is covered in superhero posters and she's always willing to engage students in a friendly hero debate.

She also teaches acting and Advancement Via Individual Determination (AVID), which is a college prep course. She believes courses

like AVID are helpful for students who want to go to college so they will have the skills she wished she had had before going to college.

Two memorable experiences she shared involved a prank and travel. "I had this one super rowdy class that was made up of 13 boys and two girls when we didn't have any phones in all our classrooms. I got a call to give a message to a teacher down the hall, so I begged the kids to please stay in the room. I deliv-

ered the message and was gone for all of 30 seconds and when I came back all the lights in the room were off and there was a giant bookshelf covering the front door. The kids had locked me out of my classroom," laughed Brown.

Ms. Brown has also taken students on many trips to places all around the world, the most recent one being to Peru. She was able to take five students all around the country and eat lots of the local cuisine. "I feel like the trips that abroad have been an incredible opportunity and experience for the students here at Kohala High School, just giving them different perspective. I think it's really easy to get caught up in the bubble that is Hawai'i just in general, and I think being able to expose kids to different experiences and watching them become empowered and learn to read maps and move around different cities and figuring out the different ins and outs of those cities is some of the best learning experiences I've seen," she explained.

Throughout her 13 years teaching at Kohala High School, Brown's determination and one-of-a-kind personality has helped the students of Kohala because she can use her exuberance and charm to help them relax and enjoy learning.

Being a teacher is not easy and requires a type of dedication and diligence that is difficult to acquire. However, for Brown, it seems to come naturally.



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